

IX ° INTERNATIONAL
RHYTHMIC GYMNASTICS
TOURNAMENT
FOR CLUBS

ROME CUP RG

ROME
CUP
RG
2026



ROME (OSTIA)
PALA PELLICONE

28/29/30/31 JULY
2026



Date and Location:



Roma Ostia 28/29/30/31 JULY 2026

Olimpic Center Matteo Pellicone -
Fijlkam

Via dei Sandolini 79 - 00122 Roma -
(RM).

- Modern sports hall with air conditioning;
- Live scores and video streaming of the competition;
- Spacious training area;

Participants move hotel to the gym and back on their own.

M Arena is located in front of the metro station Castel Fusano

Schedule:

27 JULY arrival delegation

28 JULY

- 1 day of competition

29 JULY

- 2 day of competition

30 JULY

- 3 day of competition

31 JULY

- 4 day of competition

The organization of the levels throughout the day(s) will be communicated after registration has closed.

The Baby EXHIBITIONS - FOR CHILDREN UNDER 8 YEARS OF AGE. Exhibition without ranking.

All participants will be rewarded with a certificate and a tournament souvenirs.

Individual gymnasts will be rewarded with medals of 1st -3rd place.

Contacts:

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Facebook: Rome Cup RG International Rhythmic Gymnastics Tournament for clubs

INSTAGRAM @ROMECUPRG @RITMICA_DYNAMO

Individual program. Difficulty level, awards ages group:			
D <i>BD from 0.10 to max 0,30</i> BD max 4 DA max 2 R max 1 (DA+DB) Max D scores p. 3,00 ALLIEVE 1 (2017, 2018 8 years complete) ALLIEVE 2 2016 ALLIEVE 3 2015 Allieve 4 2014 Allieve 5 2013 1 routine on your choice	C <i>BD from 0.10 to max 0,40</i> BD max 6 DA max 5 R max 2 (DA+DB) Max D scores p. 5,00 ALLIEVE 1 (2017, 2018 8 years complete) ALLIEVE 2 2016 ALLIEVE 3 2015 Allieve 4 2014 Allieve 5 2013 J1 2012 J2 2011 Senior 2010 al older Apparatus award 1-2 routines on your choice	B <i>BD BD from 0.10 to max 0,50</i> BD max 6 DA max 10 R max 4 (DA+DB) Max D scores p. 7,00 ALLIEVE 1 (2017, 2018 8 years complete) ALLIEVE 2 2016 ALLIEVE 3 2015 Allieve 4 2014 Allieve 5 2013 J1 2012 J2 2011 Senior 2010 al older Apparatus award 2 routines on your choice	A ALLIEVE 1 (2017, 2018 8 years complete) BD max 4 DA max 8 R max 1 ALLIEVE 2 2016 BD max 4 DA max 8 R max 2 ALLIEVE 3 2015 BD max 5 DA max 10 R max 3 Allieve 4 2014 BD max 5 DA max 10 R max 3 Allieve 5 2013 BD max 6 DA max 12 R max 3 J1 2012 J2 2011 BD max 6 DA max 12 R max 3 Senior 1 2010 e Senior 2 (2009 and older) BD max 8 DA max 15 R max 4 2 routines on your choice

BABY EXIBITION 2021 2020 2019

DB MIN3 MAX 6

S 2

Exhibition without ranking.

INDIVIDUAL MAN COMPETITION

ALLIEVI 2017/2013 1/2 ROUTINES BY CHOISE: ROPE HOOP BALL CLUBS

BD max 4 (2 jumps 1 balance 1 rotation)

BD from 0.10 to max 0,40

DA max 5

R max 3 (value 0,40)

S min 1

Max D scores p. 5,00

JUNIOR 2012/2011 1/2 ROUTINES BY CHOISE: ROPE HOOP BALL CLUBS

BD max 5 (2 jumps 1 balance 1 rotation +1 BY CHOICE)

BD from 0.10 to max 0,50

DA max 7

R max 3 (value 0,50)

S min 1

Max D scores p. 6,00

SENIOR 2010 AND OLDER 1/2 ROUTINES BY CHOISE: ROPE HOOP BALL CLUBS

BD max 7 (2 jumps 1 balance 1 rotation +3 BY CHOICE)

BD from 0.10 to max 0,50

DA max 10

R max 4

S min 2

Max D scores p. 7,00

Individual participation fee:

Competition fee Level D, C, B, A: 100 Euro for gymnasts

The registration fee includes:

- Participation in the competition
- A participation gift
- Competition photos for each gymnast

Club limits:

1. Maximum 15 gymnasts per club.
2. If all the gymnasts are in the same level, the maximum is 10 gymnasts.
3. All Italian clubs must be affiliated with the Italian Gymnastics Federation.
4. The presence of a judge is appreciated. Clubs that do not bring a judge must pay the judge absence fee together with the registration.

Additional Services:

- *Medical assistance during the competition*
- *TRANSFERT FROM AEROPORT + 39 334 907 6334 Federica Astuti*
- *MEALS 12.30-14.00 or 19.00-21.30*

For teams wishing to book meal service, please contact the organizers.

It will be possible to use the Sport Arena cafeteria at the following times.

Meal vouchers must be booked and paid for in advance.

Association and Federation of Gymnastics in Italy are not responsible for the physical and property damage before, after and during competition. It is required to have a personal insurance for each participant.

SUBSCRIPTIONS AND DEADLINE:

Online registration KSIS	from 20.03.2026
Maximum number of participants 550 gymnast	
Payment of 50% registration	15.05.2026
Visa invitation:	15.05.2026
Music	01.07.2026
Residual payment	15.06.2026
LA START LIST will be announced on 01.07.2026	
<i>Each delegation must have at least: 1 manager, 1 coach, 1 jury. In case of JURY absence - 150 EUR fee.</i>	

Payment should be transferred to the bank account of the club manager. Cash is NOT accepted.

Details for the payment description: **ROME CUP 2026 - CITY and CLUB Participant's NAME**, transfer fee is at expense of participant's sports club.

Registration payments are not returned, in case the gymnast is not able to come, you can substitute the participant before 15.06.2026.

BANK ACCOUNT:

IBAN	BIC/SWIFT	Tipo *	BANK ACCOUNT
IT61X0200805237000104474047	UNCRITM1J47	CC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA RITMICA DYNAMO

Additional information:

TO BOOK A HOTEL WITH A SPECIAL PRICE, PLEASE CONTACT THE ORGANIZERS BY THE END OF APRIL, SUBJECT TO AVAILABILITY. IT IS NOT MANDATORY TO BOOK IN THE RECOMMENDED STRUCTURES, HOWEVER ALL THE TEAMS THAT NEED TO ISSUANCE THE SCHENGEN VISA MUST PREPOT IN THE BELOW STRUCTURES

ACCOMODATION

And 5 - 10 minutes in taxi from sport Arena

HOTEL LA SCALETTA (ON THE SEA) *** Located in the centre of Ostia (near the sea).	http://hotellascalettaroma.it/it/ info@lascaletta.it Lungomare Paolo Toscanelli 130, 00121 Lido di Ostia, Italia
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HOTEL BELLA VISTA (ON THE SEA) *** Located in the centre of Ostia (front the sea).	https://hotelostia.it/ info@hotelostia.it Piazzale Magellano 22 - 00122 Lido Di Ostia (RM)
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HOTEL ARAN BLU 4* **** Located near the touristic port of Ostia (front the sea).	www.aranblu.com info.aranblu@smyhotels.com Lungomare Paolo Toscanelli, 46 00122 Lido di Roma
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HOTEL FLY DECO' 4* **** Located in the centre of Ostia (near the sea).	https://www.flyhotelrome.com/ info@flyhotelrome.com Lungomare Duca degli Abruzzi, 72 00121 Ostia Lido, Roma
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Convenzional hotels 10 - 15 minutes away from the sea
and Sport Arena Pala Fijlcam

PARK HOTEL OSTIA ANTICA *** 15 mins the sea by taxi.	www.ostiaanticaparkhotel.it commerciale@ostiaanticaparkhotel.it Viale dei Romagnoli, 1041 A
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Residence I Triangoli 4* apartments 15 mins the sea and competition hall by cars. It is a good solution for teams who rent cars	https://residenceitriangoli.com/it/ info@itriangoli.com Via Ermanno Wolf Ferrari, 285
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Hotel Isola Sacra Rome Airport	Via della Scafa 416, 00054, Fiumicino Italy Telefono: +39 06 6502 9864 https://www.hotelisolasacra.com/
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